



THUMBS UP TO GOOD HEALTH SERVICES FOR PEOPLE WITH LEARNING DISABILITIES

TRAINING FOR HEALTH SERVICES STAFF



WORKBOOK TO ACCOMPANY **THE WAITING ROOM DVD**

CREATED BY
**BRIGHTON AND HOVE SPEAK OUT ADVOCACY
AND CAROUSEL**

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FILM 1 THE WAITING ROOM

Joanne has a mild learning disability and lives on her own. She is not eligible for social care support. She has anxiety and depression and has had support from mental health services in the past.

Watch FILM 1: **THE WAITING ROOM** (length 5.04)



What are the difficulties Joanne experiences?

What reasonable adjustments could Health Services make to improve Joanne's experience and access?



FILM 2 IT'S MY BODY

Emma lives with her carer. Together they go to see the GP. She has some questions she would like to ask the GP about her relationship with her boyfriend.

Watch FILM 2: **IT'S MY BODY** (length 1.56)



What problems does Emma experience in this appointment?

What steps can Health Professionals take to ensure patients with learning disabilities understand health information and are empowered to look after their health?



FILM 3 ON THE WARD

Steve is having a planned operation. His support worker comes with him to the hospital but then leaves as Steve is only eligible for a few hours support a week. Steve has to wait for several hours for his operation. After being discharged he goes to collect his medication.

Watch FILM 3: **ON THE WARD** (length 2.14)



What is the experience like for Steve?

What steps can Hospital Staff take to ensure patients with learning disabilities do not feel lonely and disempowered during a hospital stay?

FILM 4 INCLUDE ME

Eddie has profound and multiple learning disabilities. He communicates through hand gestures and body language. In this film we show ambulance and nursing staff really listening to Eddie and his Mum and making plans for reasonable adjustments.

Watch FILM 4: **INCLUDE ME** (length 2.04)



What ways did Ambulance and Nursing Staff work to include Eddie and create a more comfortable experience for Eddie?

What health and access issues should you consider in providing good support to people with profound and multiple learning disabilities?

FILM 5 GOOD SUPPORT

People with learning disabilities tell us how they want to be supported by Doctors and Nurses and other health professionals.

Watch FILM 5: **GOOD SUPPORT** (length 2.03)



What do people with learning disabilities say is good support in healthcare?

What do Health Staff need to do to provide this kind of support?



PERSONAL REFLECTION

What will you do to improve the support and healthcare you give to people with learning disabilities?

What further training or information do I need?






THE WAITING ROOM WORKBOOK & DVD



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THE WAITING ROOM FILM WAS CREATED WITH CAROUSEL ARTISTS, FILMMAKERS AND ACTORS



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